



# Purpose Passport



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## Australia's first online combined wellbeing and career development program for middle school students.

The world ahead looks kinda complicated. When there's no certainty about what's around the corner, how's the next generation supposed to figure out where they're heading? Through Purpose.

Uncovering purpose is a glorious adventure of self-and-other discovery that will help your students build confidence in spotting and building upon their unique set of skills, strengths and values - the very things that will help them thrive.

Drawing on our extensive evidence-based toolkit, we've developed an online, student-directed personal development program that's grounded in 21st century career theory and draws on positive psychology, neuroscience, and design thinking. Watch your students jump in the driver's seat of their early-stage career development journey, as they learn and apply skills like creativity, critical thinking and collaboration. Through bite-sized self-directed modules (with extension activities included) students will explore the three components that contribute to meaningful living:



### My Heart

Explores meaningful moments and people of the past and present to identify and amplify skills, strengths, and values.



### My Story

Deepens self-awareness by connecting themes of the heart, and introduces mindset tools for resilience, wellbeing and agility.



### My Impact

Introduces local and global challenges, and prompts everyday leadership through kindness, compassion and collaboration.

The Purpose Passport is a ready-to-go student-directed online program, run through a yearly subscription. Bonus materials and teaching notes are included free of charge, should you wish to create a blended learning experience.

[info@theposifygroup.com.au](mailto:info@theposifygroup.com.au)

[www.theposifygroup.com.au/purposepassport](http://www.theposifygroup.com.au/purposepassport)



# The Why

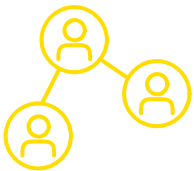
The era of predictable career paths has died. The future of work is ever-evolving and changing. Research leading into the new decade suggested the next generation will need to be skilled across a range of industries, and be prepared to pivot as they take on as many as 17 jobs across 5 different careers. Added to this, preliminary data emerging from 2020 is predicting a greater loss of secure jobs, and a greater need for moral leadership. How can our young people thrive in this ever-changing landscape? By grounding themselves in purpose and using it to guide their way through the inevitable twists and turns of their career.

The Purpose Passport 2.0 helps the next generation to become what the future of work is looking for - exemplary citizens and everyday leaders who use their unique set of skills, strengths and values to create meaningful change in the world.

In shaping the Purpose Passport 2.0 learning outcomes to support young people in developing this sort of agency, we draw on Australian Curriculum General Capabilities:

## Personal and Social Capability

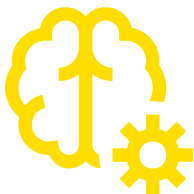
Students learn to :



- analyse personal and social roles and responsibilities in planning and implementing ways of contributing to their communities
- examine influences on and consequences of their emotional responses in a learning, social and work-related contexts
- assess their strengths and challenges and devise personally appropriate strategies to achieve future success

## Critical and Creative Thinking

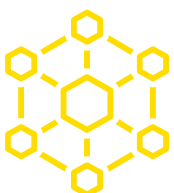
Students learn to :



- pose questions to probe assumptions and investigate complex issues
- draw parallels between known and new ideas to create new ways of achieving goals
- predict possibilities, and identify and test consequences when seeking solutions and putting ideas into action

## Intercultural Understanding

Students learn to :



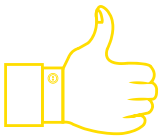
- assess diverse perspectives and the assumptions on which they are based
- imagine and describe the feelings and motivations of people in challenging situations



# The Flow



Developing a sense of what makes life meaningful is both protective for your students' wellbeing, and will help ground them in knowing that their contributions and life-work matter, always. Adventures will follow a 'watch, read, do' format, combining explicit and experiential learning for maximum impact!



## Introduction

Our journey kickstarts with a flash forward look at the future of work, igniting imaginations with the purpose driven possibilities that lay ahead for them!



## My Heart

Uncover skills, strengths and values, and map that which matters most

- Good Vibes - build out a go-to list of activities and interests that ignite joy, hope and engagement
- Erks and Excites - brainstorm all the different things that get you going or growling, and uncover your values along the way
- Robot Re-boot - consider the special human spark the world would miss if you were replaced by a robot



## My Story

Make sense of the pieces that make up your experiences, hopes and dreams!

- Me at my Best - reflect on the moments and opportunities that made your strengths shine
- Mighty Mindsets - learn and practise strength-based mindsets that support you in tackling big challenges and coping with inevitable setbacks
- Future Self - create a mood board and imagine alive what life will look like in 10 years if you build on your skills, strengths and values



## My Impact

Identify opportunities for contribution that foster your purpose

- Perfect Planet - ignite impact inspiration by imagining just what the world could look like at it's best
- Everyday Impact - understand the mutual benefits of random acts of kindness and plan to experience the power of purpose in your day
- Purpose Playlist - gather up all that you have uncovered across the adventures and create a meaningful map of activities, ideas and causes that matter the most to you

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